

# **DOUGLAS EDUCATION CENTER**

## **DRUG AND ALCOHOL ABUSE PREVENTION STUDENT CONDUCT POLICY (2016)**

## **STUDENT DRUG AND ALCOHOL ABUSE PREVENTION POLICY**

### **POLICY STATEMENT**

In compliance with the Drug-Free Schools and Communities Act of 1989, Douglas Education Center has established the following policy to ensure a drug – free learning environment.

Douglas Education Center prohibits students from the unlawful manufacture, distribution, dispensation, possession, sale or use of alcohol or a controlled substance, or being under the influence of the same while at the institution or while attending or participating in school related activities on or off school grounds.

### **POLICY DISSEMINATION**

All new students receive the **DRUG AND ALCOHOL ABUSE PREVENTION POLICY** during the enrollment process. A copy of the policy is also distributed to continuing students via personal email each November. Students may also obtain a copy of the policy at any other time by contacting the Student Services Committee.

### **SCHOOL SANCTIONS**

The following sanctions will be imposed on a student in violation of the policy regarding use, possession, or being under the influence.

- **FIRST INFRACTION** – The student will be advised by the Student Services Committee to voluntarily seek professional counseling.
- **SECOND INFRACTION** – The student will be advised by the Student Services Committee to continue voluntary professional counseling. Alternatively, the student may choose to attend an in-patient treatment program.
- **THIRD INFRACTION** – The student will be administratively withdrawn from Douglas Education Center.

The following sanctions will be imposed on a student in violation of the policy regarding the selling or trafficking of controlled substances.

- **FIRST INFRACTION** – Immediate administrative withdrawal and referral to the proper authorities for prosecution.

**Douglas Education Center reserves the right, in extreme cases, to immediately dismiss any student in violation of this policy, the above outlined procedure notwithstanding. Douglas Education Center further reserves the right to refer students to proper legal authorities for prosecution.**

**LEGAL SANCTIONS**

Douglas Education Center may refer students to the proper local, state or federal law enforcement agency for arrest and prosecution for violations of drug and alcohol laws. A summary of state, federal, and local sanctions, if applicable, is below. While Douglas Education Center has exercised prudent judgment in compiling legal sanctions, it should not be construed to be all-inclusive. Legal sanctions are presented for informational purposes only and do not represent legal advice. Students are encouraged to read the attached information carefully.

**Chart One**

**Federal Trafficking Penalties for Schedules I, II, III, IV, and V (except Marijuana)**

Schedule	Substance/Quantity	Penalty	Substance/Quantity	Penalty
II	Cocaine 500-4999 grams mixture	<b>First Offense: Not less than 5 yrs. and not more than 40 yrs. If death or serious bodily injury, not less than 20 yrs. or more than life. Fine of not more than \$5 million if an individual, \$25 million if not an individual.</b>  <b>Second Offense: Not less than 10 yrs. and not more than life. If death or serious bodily injury, life imprisonment. Fine of not more than \$8 million if an individual, \$50 million if not an individual.</b>	Cocaine 5 kilograms or more mixture	<b>First Offense: Not less than 10 yrs. and not more than life. If death or serious bodily injury, not less than 20 yrs. or more than life. Fine of not more than \$10 million if an individual, \$50 million if not an individual.</b>  <b>Second Offense: Not less than 20 yrs, and not more than life. If death or serious bodily injury, life imprisonment. Fine of not more than \$20 million if an individual, \$75 million if not an individual.</b>  <b>2 or More Prior Offenses: Life imprisonment. Fine of not more than \$20 million if an individual, \$75 million if not an individual.</b>
II	Cocaine Base 28-279 grams mixture		Cocaine Base 280 grams or more mixture	
IV	Fentanyl 40-399 grams mixture		Fentanyl 400 grams or more mixture	
I	Fentanyl Analogue 10-99 grams mixture		Fentanyl Analogue 100 grams or more mixture	
I	Heroin 100-999 grams mixture		Heroin 1 kilogram or more mixture	
I	LSD 1-9 grams mixture		LSD 10 grams or more mixture	
II	Methamphetamine 5-49 grams pure or 50-499 grams mixture		Methamphetamine 50 grams or more pure or 500 grams or more mixture	
II	PCP 10-99 grams pure or 100-999 grams mixture		PCP 100 grams or more pure or 1 kilogram or more mixture	
<b>Substance/Quantity</b>		<b>Penalty</b>		
<b>Any Amount Of Other Schedule I</b>		<b>First Offense: Not more than 20 yrs. If death or serious bodily injury,</b>		

<b>&amp; II Substances</b>	not less than 20 yrs. or more than Life. Fine \$1 million if an individual, \$5 million if not an individual. <b>Second Offense:</b> Not more than 30 yrs. If death or serious bodily injury, life imprisonment. Fine \$2 million if an individual, \$10 million if not an individual.
<b>Any Drug Product Containing Gamma Hydroxybutyric Acid</b>	
<b>Flunitrazepam (Schedule IV) 1 Gram</b>	
<b>Any Amount Of Other Schedule III Drugs</b>	<b>First Offense:</b> Not more than 10 yrs. If death or serious bodily injury, not more than 15 yrs. Fine not more than \$500,000 if an individual, \$2.5 million if not an individual. <b>Second Offense:</b> Not more than 20 yrs. If death or serious injury, not more than 30 yrs. Fine not more than \$1 million if an individual, \$5 million if not an individual.
<b>Any Amount Of All Other Schedule IV Drugs (other than one gram or more of Flunitrazepam)</b>	<b>First Offense:</b> Not more than 5 yrs. Fine not more than \$250,000 if an individual, \$1 million if not an individual. <b>Second Offense:</b> Not more than 10 yrs. Fine not more than \$500,000 if an individual, \$2 million if other than an individual.
<b>Any Amount Of All Schedule V Drugs</b>	<b>First Offense:</b> Not more than 1 yr. Fine not more than \$100,000 if an individual, \$250,000 if not an individual. <b>Second Offense:</b> Not more than 4 yrs. Fine not more than \$200,000 if an individual, \$500,000 if not an individual.

## Chart Two

### Federal Trafficking Penalties for Marijuana, Hashish and Hashish Oil, Schedule I Substances

<b>Marijuana 1,000 kilograms or more marijuana mixture or 1,000 or more marijuana plants</b>	<b>First Offense:</b> Not less than 10 yrs. or more than life. If death or serious bodily injury, not less than 20 yrs., or more than life. Fine not more than \$10 million if an individual, \$50 million if other than an individual. <b>Second Offense:</b> Not less than 20 yrs. or more than life. If death or serious bodily injury, life imprisonment. Fine not more than \$20 million if an individual, \$75 million if other than an individual.
<b>Marijuana 100 to 999 kilograms marijuana mixture or 100 to 999 marijuana plants</b>	<b>First Offense:</b> Not less than 5 yrs. or more than 40 yrs. If death or serious bodily injury, not less than 20 yrs. or more than life. Fine not more than \$5 million if an individual, \$25 million if other than an individual. <b>Second Offense:</b> Not less than 10 yrs. or more than life. If death or serious bodily injury, life imprisonment. Fine not more than \$8 million if an individual, \$50million if other than an individual.
<b>Marijuana 50 to 99 kilograms marijuana mixture, 50 to 99 marijuana plants</b>	<b>First Offense:</b> Not more than 20 yrs. If death or serious bodily injury, not less than 20 yrs. or more than life. Fine \$1 million if an individual, \$5 million if other than an individual. <b>Second Offense:</b> Not more than 30 yrs. If death or serious bodily injury, life imprisonment. Fine \$2 million if an individual, \$10 million if other than an individual.
<b>Hashish More than 10 kilograms</b>	
<b>Hashish Oil More than 1 kilogram</b>	
<b>Marijuana less than 50 kilograms marijuana (but does not include 50 or more marijuana plants regardless of</b>	<b>First Offense:</b> Not more than 5 yrs. Fine not more than \$250,000, \$1 million if other than an individual. <b>Second Offense:</b> Not more than 10 yrs. Fine \$500,000 if an individual, \$2 million if other than individual.

weight) 1 to 49 marijuana plants	
Hashish 10 kilograms or less	
Hashish Oil 1 kilogram or less	

## **Federal Penalties and Sanctions for Illegal Possession of a Controlled Substance**

### **21 U.S.C. 844(a)**

1st conviction: Up to 1 year imprisonment and fined at least \$1,000 but not more than \$100,000, or both.

After 1 prior drug conviction: At least 15 days in prison, not to exceed 2 years and fined at least \$2,500 but not more than \$250,000, or both.

After 2 or more prior drug convictions: At least 90 days in prison, not to exceed 3 years and fined at least \$5,000 but not more than \$250,000, or both.

Special sentencing provisions for possession of crack cocaine: Mandatory at least 5 years in prison, not to exceed 20 years and fined up to \$250,000, or both, if:

- (a) 1st conviction and the amount of crack possessed exceeds 5 grams.
- (b) 2nd crack conviction and the amount of crack possessed exceeds 3 grams.
- (c) 3rd or subsequent crack conviction and the amount of crack possessed exceeds 1 gram.

### **21 U.S.C. 853(a)(2) and 881(a)(7)**

Forfeiture of personal and real property used to possess or to facilitate possession of a controlled substance if that offense is punishable by more than 1 year imprisonment. (See special sentencing provisions re: crack.)

### **21 U.S.C. 881(a)(4)**

Forfeiture of vehicles, boats, aircraft or any other conveyance used to transport or conceal a controlled substance.

### **21 U.S.C. 844a**

Civil fine of up to \$10,000 (pending adoption of final regulations).

## 21 U.S.C. 853a

Denial of Federal benefits, such as student loans, grants, contracts, and professional and commercial licenses, up to 1 year for first offense, up to 5 years for second and subsequent offenses.

## 18 U.S.C. 922(g)

Ineligible to receive or purchase a firearm.

## Miscellaneous

Revocation of certain Federal licenses and benefits, e.g. pilot licenses, public housing tenancy, etc., are vested within the authorities of individual Federal agencies.

Note: These are only Federal penalties and sanctions. Additional State penalties and sanctions may apply.

## HEALTH RISKS

Douglas Education Center has included information on the health risks of using and abusing drugs and alcohol. Please see the attached information.

Controlled Substances—Uses and Effects					
Drugs	Physical dependence	Psychological dependence	Possible effects	Effects of overdose	Withdrawal syndrome
<b>NARCOTICS</b>					
Heroin	High	High	Euphoria Drowsiness Respiratory Depression Constricted pupils Nausea	Slow and shallow breathing Clammy skin Convulsions Coma Possible death	Yawning
Morphine	High	High			Loss of appetite
Codeine	Moderate	Moderate			Irritability
Hydrocodone	High	High			Tremors
Hydromorphone	High	High			Panic
Oxycodone	High	High			Cramps
Methadone and LAAM	High	High			Nausea
Fentanyl and analogs	High	High			Runny nose
Other Narcotics	High-Low	High-Low			Chills and

Controlled Substances—Uses and Effects					
Drugs	Physical dependence	Psychological dependence	Possible effects	Effects of overdose	Withdrawal syndrome
					sweating Watery eyes
<b>DEPRESSANTS</b>					
Chloral Hydrate	Moderate	Moderate	Slurred speech  Disorientation  Drunken behavior without odor of alcohol	Shallow respiration	Anxiety Insomnia Tremors Delirium Convulsions Possible death
Barbiturates	High-Moderate	High-Moderate		Clammy Skin	
Benzodiazepines	Low	Low		Dilated pupils	
Glutethimide	High	Moderate		Weak and rapid pulse	
Other Depressants	Moderate	Moderate	Coma Possible death		
<b>STIMULANTS</b>					
Cocaine	Possible	High	Increase alertness  Euphoria  Increased pulse rate and blood pressure  Excitation  Insomnia  Loss of appetite	Agitation  Increased body temperature  Hallucinations  Convulsions  Possible death	Apathy  Long periods of sleep  Irritability  Depression  Disorientation
Amphetamine/ Methamphetamine	Possible	High			
Methylphenidate	Possible	High			
Other Stimulants	Possible	High			
<b>CANNABIS</b>					
Marijuana	Unknown	Moderate	Euphoria	Fatigue	Occasional reports of insomnia
Tetrahydrocannabinol	Unknown	Moderate	Relaxed inhibitions	Paranoia	
Hashish and	Unknown	Moderate		Possible	

<b>Controlled Substances—Uses and Effects</b>					
<b>Drugs</b>	<b>Physical dependence</b>	<b>Psychological dependence</b>	<b>Possible effects</b>	<b>Effects of overdose</b>	<b>Withdrawal syndrome</b>
hashish oil			Increased appetite  Disorientation	psychosis	Hyperactivity  Decreased appetite
<b>HALLUCINOGENS</b>					
LSD	None	Unknown	Illusions and hallucinations  Altered perception of time and distance	Longer, more intense "trip" episodes	Unknown
Mescaline and peyote	None	Unknown		Psychosis	
Amphetamine variants	None	Unknown		Possible death	
Phencyclidines and analogs	Unknown	High			
Other hallucinogens	None	Unknown			
<b>ANABOLIC STEROIDS</b>					
Testosterone (Cypionate, Enanthate)	Unknown	Unknown	Virilization  Acne	Unknown	Possible depression
Nandrolone (Decanoate, Phenpropionate)	Unknown	Unknown	Testicular atrophy		
Oxymethalone	Unknown	Unknown	Gynecomastia  Aggressive behavior  Edema		

### **Alcohol Use and Health**

Excessive alcohol use led to approximately 88,000 deaths and 2.5 million years of potential life lost (YPLL) each year in the United States from 2006 – 2010, shortening the lives of those who died by an average of 30 years.<sup>1,2</sup> Further, excessive drinking was responsible for 1 in 10 deaths among working-age adults aged 20-64 years.

### **The Standard Measure of Alcohol**

In the United States, a standard drink is any drink that contains 0.6 ounces (14.0 grams or 1.2 tablespoons) of pure alcohol. Generally, this amount of pure alcohol is found in



- 12-ounces of beer (5% alcohol content).
- 8-ounces of malt liquor (7% alcohol content).
- 5-ounces of wine (12% alcohol content).
- 1.5-ounces of 80-proof (40% alcohol content) distilled spirits or liquor (e.g., gin, rum, vodka, whiskey).

### **Definitions of Patterns of Drinking Alcohol**

Excessive drinking includes heavy drinking, binge drinking, and any drinking by pregnant women or people younger than age 21.

- Binge drinking, the most common form of excessive alcohol consumption, is defined as consuming
  - For women, 4 or more drinks during a single occasion.
  - For men, 5 or more drinks during a single occasion.
- Heavy drinking is defined as consuming
  - For women, 8 or more drinks per week.
  - For men, 15 or more drinks per week.

Most people who binge drink are not alcoholics or alcohol dependent.

According to the *Dietary Guidelines for Americans*, if you drink alcoholic beverages, do so in moderation, which is defined as no more than 1 drink per day for women and no more than 2 drinks per day for men. However, there are some persons who should not drink any alcohol, including those who are

- Pregnant or trying to become pregnant.
- Taking prescription or over-the-counter medications that may cause harmful reactions when mixed with alcohol.
- Younger than age 21.
- Recovering from alcoholism or are unable to control the amount they drink.
- Suffering from a medical condition that may be worsened by alcohol.
- Driving, planning to drive, or participating in other activities requiring skill, coordination, and alertness.

### **Short-Term Health Risks**

Excessive alcohol use has immediate effects that increase the risk of many harmful health conditions. These immediate effects are most often the result of binge drinking and include the following—

- Injuries, including traffic injuries, falls, drownings, burns, and unintentional firearm injuries.
- Violence, including intimate partner violence and child maltreatment. About 35% of victims report that offenders are under the influence of alcohol. Alcohol use is also associated with 2 out of 3 incidents of intimate partner violence. Studies have also shown that alcohol is a leading factor in child maltreatment

and neglect cases, and is the most frequent substance abused among these parents.

- Risky sexual behaviors, including unprotected sex, sex with multiple partners, and increased risk of sexual assault. These behaviors can result in unintended pregnancy or sexually transmitted diseases.
- Miscarriage and stillbirth among pregnant women, and a combination of physical and mental birth defects among children that last throughout life.
- Alcohol poisoning, a medical emergency that results from high blood alcohol levels that suppress the central nervous system and can cause loss of consciousness, low blood pressure and body temperature, coma, respiratory depression, or death.

### **Long-Term Health Risks**

Over time, excessive alcohol use can lead to the development of chronic diseases, neurological impairments and social problems. These include but are not limited to—

- Neurological problems, including dementia, stroke and neuropathy.
- Cardiovascular problems, including myocardial infarction, cardiomyopathy, atrial fibrillation and hypertension.
- Psychiatric problems, including depression, anxiety, and suicide.
- Social problems, including unemployment, lost productivity, and family problems.
- Cancer of the mouth, throat, esophagus, liver, colon, and breast. In general, the risk of cancer increases with increasing amounts of alcohol.
- Liver diseases, including—
  - Alcoholic hepatitis.
  - Cirrhosis, which is among the 15 leading causes of all deaths in the United States.
  - Among persons with Hepatitis C virus, worsening of liver function and interference with medications used to treat this condition.
- Other gastrointestinal problems, including pancreatitis and gastritis.

From Centers for Disease Control and Prevention (CDC).

### **VOLUNTARY TREATMENT, COUNSELING, OR REHABILITATION**

Douglas Education Center encourages any student who feels that he/she may have a problem with drugs or alcohol to seek treatment, counseling, or rehabilitation. Students are encouraged to meet with the Student Services Committee, in strictest confidence, for assistance in locating the appropriate source of help. Douglas Education Center will make every effort to work with any student who voluntarily seeks treatment, to assist them in completing their course of study.

Brochures and information on alcohol and drug use and abuse are located in the Student Lounge. Students are encouraged to take this information and share it with others.

## **SUBSTANCE ABUSE TREATMENT CENTER**

When a substance abuse problem is suspected, a referral SPHS can be initiated by the student or Douglas Education Center. Seeking help for a substance abuse problem will not jeopardize a student's education, rights, security, or confidentiality.

For assessment, information, counseling, referral and follow-up services, the following can be contacted:

(724) 684-6489  
SPHS Behavioral Health  
2 Eastgate Ave., Suite 102  
Monessen, PA 15062

(724) 489-0740  
Alcoholics Anonymous, Greater Pittsburgh

## **BIENNIAL REVIEW**

The Student Services Committee will review the **DRUG AND ALCOHOL ABUSE PREVENTION POLICY** at least once every two years, to determine effectiveness and institute modifications as necessary.

For more information about graduation rates, median debt of students who completed the programs, and consumer information, please visit: [www.dec.edu/consumerinfo](http://www.dec.edu/consumerinfo)